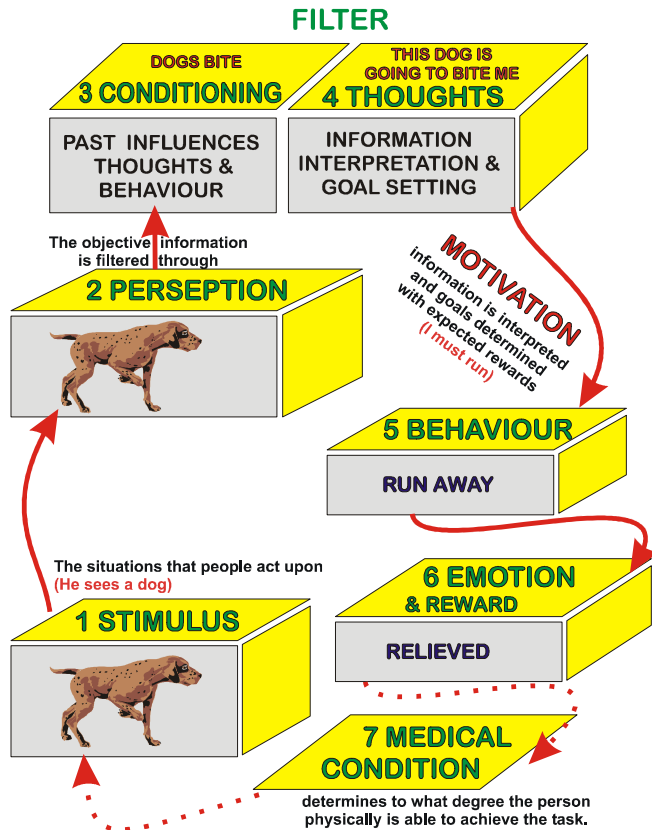


BEHAVIOUR CIRCLE

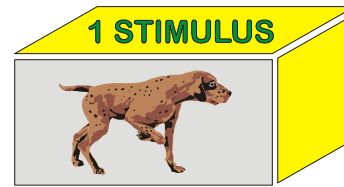


This filter is formed by situations from the past that condition a person to:

- Set goals
- Take action
- To experience and control emotions and feelings



Every individuals response to the same **stimulus** will be different.



because

- Influence of the past forms **CONDITIONING AND THOUGHTS**
- Therefore every individuals filter is different.
- It is therefore necessary that the filter (e.g. conditioning and thought) be fully understood before the response / reaction can be rectified.



He / She is for example, conditioned:

- To think that:
 - He (John) is less thought of and loved than the other children.
 - Performance determines his acceptance
 - Performance and acceptance determines his value
- To react so that:
 - He will perform better than the others to gain acceptance
- Plan his goals to:
 - Make him achieve his goals to gain peoples attention
- To experience the emotions:
 - of euphoria and acceptance when he achieves well
 - of rejection and sadness when he does not receive acknowledgement